# Wikipedia Submission: Dr. Jeffrey E. Hansen, Ph.D.

This document contains a proposed Wikipedia entry for Dr. Jeffrey E. Hansen, Ph.D.,

## Jeffrey E. Hansen, Ph.D.

Born: 1954 (age 70)

Nationality: American

Occupation: Clinical Psychologist, Author, Speaker

Field: Clinical Psychology, Neuroscience, Addiction Recovery, Trauma Therapy

Notable Works: NeuroFaith: The Intersection of Science and Faith in the Healing of Trauma and Addiction

Website: jeffreyhansenphd.com

## Early Life and Education

Dr. Jeffrey E. Hansen was born in 1954. He earned a Bachelor of Arts in Psychology from the University of California, Berkeley, in 1978 and a Ph.D. in Clinical Psychology from the University of Arkansas in 1984.

He completed an American Psychological Association (APA)-approved internship at Silas B. Hayes Army Community Hospital and later undertook a post-doctoral fellowship in pediatric psychology at Madigan Army Medical Center.

## Career and Professional Roles

Dr. Hansen served in the United States Army for 10 years, achieving the rank of Major, specializing in pediatric psychology and trauma-informed care.

Following his military service, he was in private practice for nearly 20 years, working extensively with trauma and addiction recovery.

He later served in the Department of Defense, Defense Health Agency, for almost 10 years, focusing on mental health treatment for military personnel and their families.

Currently, Dr. Hansen is the Clinical Director at Holdfast Recovery and the Founder and Director of NeuroFaith™, where he integrates neuroscience and faith-based approaches to trauma and addiction recovery.

## NeuroFaith™ Model

Dr. Hansen developed the NeuroFaith™ Model, which integrates Christian theology with neuroscientific principles to address trauma and addiction.

This approach applies polyvagal-informed therapy, HeartMath®, and Internal Family Systems (IFS) in faith-based recovery programs.

## Books

NeuroFaith: The Intersection of Science and Faith in the Healing of Trauma and Addiction (2024).

The Storm and the Pathway to Peace (2024).

Digital Enslavement Amidst the Search for Intimacy (2024).

Gender Confusion Amidst the Search for Identity (2024).

Digital Drugs and the Search for Connection (2023).

Transgender Dilemma in the Young (2023).

Pornography Addiction and the Demise of Mind, Body, and Soul (2021).

Our Internal Tempest and the Pathway to Peace (2021).

Media Addiction and the Struggle for Connection (2021).

## Legal and Policy Contributions

Dylan Brandt et al. v. Leslie Rutledge (United States Court of Appeals, Eighth Circuit).

Drew Adams v. School Board of St. Johns County, Florida (United States Court of Appeals, Eleventh Circuit).

## Peer-Reviewed Publications

Hansen, J. E., & Schuldt, W. J. (1984). Marital self-disclosure and marital satisfaction. Journal of Marriage and the Family, 46, 923–926.

Hansen, J. E., & Schuldt, W. J. (1982). Physical distance, sex, and intimacy in self-disclosure. Psychological Reports, 51, 3-6.

Laidlaw, M. K., Van Mol, A., & Van Meter, Q. (2021). Letter to the Editor from Laidlaw et al: “Erythrocytosis in a large Cohort of Transgender Men Using Testosterone: A Long-Term Follow- Up Study on Prevalence, Determinants, and Exposure Years.” The Journal of Clinical Endocrinology & Metabolism. Vol XX, No. XX, 1-2. https://doi.org/10.1210/clinem/dgab514

Lehman, R., Hansen, J. E., & Munsinger, H. L. (1992). Crisis management of children during Desert Storm. The Journal of the U.S. Army Medical Department.

Munsinger, H. L., & Hansen, J. E. (1991). Legal and ethical issues of special education entitlements. The Journal of the U.S. Army Medical Department.

## Testimonies and Presentations

Frequent speaker at the Academy of Health Sciences, Fort Sam Houston, presenting on neuroscience, addiction, and trauma recovery.

Presentation on the Risks of Early Affirmative Care for Minors – Delivered to the European Union Parliament.

Lecture on Gender Dysphoria and Adolescent Development – Presented in the United Kingdom.

The Risks of Early Affirmative Care for Gender Dysphoria – Testimony before the South Dakota Senate Committee Hearing (2023).

HeartMath/Neurocardiology as a Pathway to Autonomic Safety – Presented at Fort Sam Houston, TX (2023).

Media Addiction and the Struggle for Connection – Published by the Center for Connected Living, LLC (2021).

## Media Appearances

Transgender Dilemma in the Young – CMDA Matters Podcast (2024).

Digital Enslavement Amidst the Search for Intimacy – CMDA Matters Podcast (2024).

Digital Drugs & the Struggle for Connection – Interview with Dr. Andrew Doan, MD, Ph.D. (Johns Hopkins) (2024).

Presentation on the Perils and Neuroscience of Pornography Addiction – Town Hall Meeting, Prescott, Arizona.

Presentation on the Perils and Neuroscience of Pornography Addiction – Town Hall Meeting, Verde Valley, Arizona.

## Personal Life

Dr. Hansen is married to Leah Hansen, and they have been together for 47 years.

He is an avid motorcyclist and enjoys long-distance travel.

## See Also

Kurt Thompson (Neuroscientist and Christian psychologist)

Dan Allender (Christian trauma therapist)

Bessel van der Kolk (Trauma researcher and author)