

Jeffrey E. Hansen, Ph.D.
Holdfast Recovery
1579 W Gurley St, Prescott, AZ 86305
Phone: (928) 492-6565
Email: Jeffh@holdfastrecovery.com
Website: <https://www.jeffreyhansenphd.com/>

Education:

Graduate:

University of Arkansas - Ph.D. August 1979 to December 1984
Major - Clinical Psychology (APA approved)

University of Arkansas - M.A. August 1979 to May 1981
Major - Psychology (APA approved)

Undergraduate:

University of California at Berkeley - B.A. October 1973 to June 1978
Major - Psychology

Internship:

October 1983 to September 1984

Clinical Psychology Internship (APA approved), Silas B. Hayes Army Community Hospital, Fort Ord, California.

Received extensive training on Outpatient, Inpatient, and Medical Psychology rotations. Trained in the administration, scoring, and interpretation of the Halstead-Reitan Battery. Provided assessment and psychotherapy for children, adolescents, and adults. Developed and presented a Combat Stress Workshop. Treated psychosomatic disorders with biofeedback. Provided mental status exams for sanity board hearings.

Fellowship:

July 1988 to June 1989

Pediatric Psychology Fellowship, Madigan Army Medical Center, Tacoma, Washington.

Provided clinical consultation to the Inpatient Pediatric and Adolescent Wards. Participated in the Pediatric Dysmorphology, Speech and Language Pathology, and High Risk Pediatric Clinics. Received intensive training in the field of Pediatric Psychology. Took emergency call one day every week. Provided intake interviews and child and adolescent assessment and therapies. Conducted a research project on Attention-deficit Hyperactivity Disorder.

Honors:

1989. Fellow's Research Award for outstanding research, Madigan Army Regional Medical Center, Tacoma, Washington.

1980, 1981. Recognition for outstanding academic achievement, University of Arkansas.

Vita – cont.

Jeffrey E. Hansen, Ph.D.

1979 to 1984. United States Army Health Professions Scholarship recipient.

1978. Graduation with Distinction, University of California at Berkeley.

Professional Experience:

March 2023 – Present

Clinical Director, Holdfast Recovery – Prescott, AZ

Direct, train, and supervise clinical staff, develop and implement treatment protocols for evidence-based therapies for substance and process addictions with emphasis on the impact of trauma, provide assessment and psychotherapy to patients at Holdfast, present to the community and outside agencies on Holdfast Recovery's treatment model and efficacy of treatment.

December 2015 – Present

Staff Pediatric Psychologist, Madigan Army Medical Center - Tacoma, WA.

Provide child, adolescent, adult, family assessment and psychotherapy. Consult with pediatrics, family practice, and specialty clinics at Madigan. Director of clinical training in Child and Family Behavioral Health Services (CAFBHS) Madigan. Provide training and supervision for military psychology interns and civilian graduate students. Provide trainings for the Academy of Health Sciences in Fort Sam Houston, Texas.

June 2019 - present

Private Practice in Pediatric Psychology - Olympia, WA. Founder and director of The Center for Connected Living, LLC. Provide child, adolescent, adult, family assessment and psychotherapy. Consult with pediatricians and family practice physicians. Provide trainings to the local lay and medical communities on various mental health topics. Develop training protocols for applied clinical psychology.

January 1994 to December 2015

Private Practice in Pediatric Psychology - Olympia, WA. Founder and director of Pediatric Psychology Associates, LLC. Provided child, adolescent, adult, family assessment and psychotherapy. Consulted with pediatricians and family practice physicians. Provided trainings to the local lay and medical communities on various mental health topics.

January 1994 to June 1995

Staff Pediatric Psychologist, Group Health Cooperative - Olympia, WA.

Provided child, adolescent, family assessment and psychotherapy. Consulted with pediatric, family practice, and specialty clinics.

June 1992 to December 1993

Director, Pediatric Psychology Fellowship, Psychology Service, Madigan Army Medical Center, Tacoma, Washington.

Trained and supervised fellows Pediatric Psychology. Provided consultation to Developmental Pediatrics, Family Practice, Pediatric Dysmorphology, Pediatrics, and Pediatric Dentistry Departments. Assisted in training pediatric and family practice residents and developmental pediatric fellows on issues related to pediatric psychology. Provided psychological assessment services to Adult Inpatient

Vita – cont.

Jeffrey E. Hansen, Ph.D.

Psychiatry Service, Social Work Service, and Community Mental Health Service. Presented seminars and in-service training for hospital personnel, medical departments, and community interest groups. Implemented ongoing quality assurance and peer review.

December 1992 to February 1993

Deployment with 62nd Medical Group as Mental Health Staff Officer, Somalia.

Consultant to the Commander of the 62nd Medical Group deployed to Somalia during Operation Restore Hope, provided Command with an assessment of the mental health threat, made staffing recommendations, provided critical incident debriefs to units exposed to hostile fire or other critical incidents, provided emergency mental health services as needed, helped develop a mental health mass casualty plan.

July 1989 to May 1992

Chief, Pediatric Psychology Service, Exceptional Family Member Department, 97th General Hospital, Frankfurt, Germany.

Chairman, EFMD Quality Assurance Committee. Supervised three clinical psychologists, one based in the Frankfurt clinic and two based in satellite clinics. Provided consultation to local DoDDS schools, Department of Pediatrics, and Child and Adolescent Psychiatry Service. Provided psychological assessment and psychotherapy for exceptional children, adolescents, and adult outpatients in a multi-disciplinary treatment facility. Implemented ongoing quality assurance and peer review. Presented seminars and in-service training for hospital personnel, medical departments, and community interest groups.

November 1984 to November 1987

Assistant Chief, Mental Health Section, Exceptional Family Member Department, 2nd General Hospital, Landstuhl, West Germany.

Provided psychological assessment and psychotherapy for exceptional children, adolescents, and adult outpatients in a multi-disciplinary treatment facility. Founded and directed a Family Therapy Clinic. Provided ongoing consultation to five Department of Defense schools. Supervised the clinical activities of a master's level psychometrician. Planned and presented seminars and in-service training for hospital personnel and community interest groups.

August 1982 to May 1983

Graduate Clinician, Youth Bridge, Inc., Fayetteville, Arkansas.

Provided consultation for a halfway house for female adolescents. Provided individual, family, and group therapy and conducted diagnostic evaluations for adolescents.

August 1981 to May 1982

Graduate Clinician, Student Mental Health, University of Arkansas, Fayetteville, Arkansas.

Provided evaluations and therapy for university students.

August 1980 to May 1981

Graduate Clinician, Juvenile Court, Fayetteville, Arkansas.

Provided treatment and diagnostic services to adjudicated and non-adjudicated juvenile offenders and families.

Vita – cont.

Jeffrey E. Hansen, Ph.D.

Publications and Presentations:

Bursch, J. J., McCaleb, G. S., Van Meter, Q. L., Laidlaw, M. K., Van Mol, A., & Hansen, J. E. (2021). Brief of Amicus Curiae. *United States Court of Appeals for the Eighth Circuit. Dylan Brandt et al., Plaintiffs-Appellees v. Leslie Rutledge, in her official capacity as the Arkansas Attorney General, et. al. Defendants-Appellants*. Appeal from the United States District Court for the Eastern District of Arkansas. Honorable James M. Moody. Case No. 4:21-CV-00450 JM. Date filed: 11/23/2021.

Bursch, J. J., McCaleb, G. S., Grossman, M., Laidlaw, M. K., Van Meter, Q. L., & Van Mol, A., & Hansen, J. E. (2021). Brief of Amicus Curiae. *United States Court of Appeals for The Eleventh Circuit. Drew Adams, Plaintiff-Appellee, v. School Board of St. Johns County, Florida, Defendant-Appellant*. Appeal from the United States District Court for the Middle District of Florida. Honorable Timothy J. Corrigan. Case No. 3:17-cv-00739-TJC-JBT USCA11 Case: 18-13592. Date filed: 10/26/2021.

Hansen, J. E. (in press). *Transgender Dilemma in the Young*. Olympia, WA: Center for Connected Living, LLC.

Hansen, J. E. (2023). *The Risks of Early Affirmative Care for Gender Dysphoria*. Testimony presented to the South Dakota Senate Committee Hearing. Pierre, SD.

Hansen, J. E. (2023). *Pornography Addiction from a Neuroscience Perspective*. Paper presented to Family Advocacy Program International Staff at the Academy of Health Sciences, Fort Sam Houston, TX.

Hansen, J. E. (2023). *HeartMath/Neurocardiology as a Pathway to Autonomic Safety*. Paper presented to Family Advocacy Program International Staff at the Academy of Health Sciences, Fort Sam Houston, TX.

Hansen, J. E. (2021). *Media Addiction and the Struggle for Connection*. Olympia, WA: Center for Connected Living, LLC.

<https://store.bookbaby.com/bookshop/book/index.aspx?bookURL=Electronic-Media-and-the-Struggle-for-Connection1>

Hansen, J. E. (2021). *Pornography Addiction and the Demise of Mind, Body, and Soul*. Olympia, WA: Center for Connected Living, LLC.

<https://store.bookbaby.com/bookshop/book/index.aspx?bookURL=Pornography-Addiction-and-the-Demise-of-Mind-Body-and-Soul>

Hansen, J. E. (2021). *Our Internal Tempest and the Pathway to Peace*. Olympia WA: Center for Connected Living, LLC.

<https://store.bookbaby.com/book/our-internal-tempest-and-the-pathway-to-peace>

Hansen, J. E. (2018). *Media Addiction in Children, Military Members, and Young Adults*. Paper presented at the Academy of Health Sciences, Fort Sam Houston, TX.

Vita – cont.

Jeffrey E. Hansen, Ph.D.

Hansen, J. E. (2019). Media Addiction in Children, Military Members, and Young Adults. Paper presented at the Academy of Health Sciences, Fort Sam Houston, TX.

Hansen, J. E. (1993). Management of behavioral problems in children. Paper presented at the Annual Army Medical Department Psychology Conference, Baltimore, MD.

Hansen, J. E. (1993). Behavioral management of sleep problems in children. Paper presented at the Annual Army Medical Department Psychology Conference, Baltimore, MD.

Hansen, J. E. (1993). Habit reversal treatment for nail biting. Paper presented at the Annual Army Medical Department Psychology Conference, Baltimore, MD.

Hansen, J. E. (1990). Diagnosis and treatment of autism. Paper presented to the Exceptional Family Member Department, Landstuhl Army Regional Medical Center, Landstuhl, Germany.

Hansen, J. E. (1991). Desert Storm: Survival in the school. Paper presented to the Department of Defense Dependents Schools - Germany Counselor's Workshop, Bad Kissingen, Germany.

Hansen, J. E., Clingan, T. A., & Munsinger, H. L. (1992). Self-report of Attention-deficit Hyperactivity Disorder. *The Journal of the US Army Medical Department*, PB 8-92-7/8, 18-20.

Hansen, J. E., & Paine, P. M. (1991). Management of Attention-deficit Hyperactivity Disorder. Paper presented to Child and Adolescent Psychiatry Service/Department of Defense Dependents Schools counselor workshop, Frankfurt, Germany.

Hansen, J. E., & Schuldt, W. J. (1982). Physical distance, sex, and intimacy in self-disclosure. *Psychological Reports*, 51, 3-6.

<https://psycnet.apa.org/record/1983-07879-001>

Hansen, J. E., & Schuldt, W. J. (1984). Marital self-disclosure and marital satisfaction. *Journal of Marriage and the Family*, 46, 923-926.

<https://eric.ed.gov/?id=EJ311177>

Laidlaw, M. K., Van Mol, A., & Van Meter, Q. (2021). Letter to the Editor from Laidlaw et al: "Erythrocytosis in a large Cohort of Transgender Men Using Testosterone: A Long-Term Follow-Up Study on Prevalence, Determinants, and Exposure Years." *The Journal of Clinical Endocrinology & Metabolism*. Vol XX, No. XX, 1-2.

<https://doi.org/10.1210/clinem/dgab514>

Lehman, R., Hansen, J. E., Munsinger, H. L. (1992). Crisis management of children during Desert Storm. *The Journal of the US Army Medical Department*, PB- 8-92-3/4, 39-41.

Munsinger, H. L., & Hansen, J. E. (1991). Legal and ethical issues of special education entitlements. *The Journal of the US Army Medical Department*, PB 8-91-10, 16-20.

Vita – cont.
Jeffrey E. Hansen, Ph.D.

Military Service:

Active Duty, Major, 68S9D, Medical Service Corps, Jul 83 to Feb 94

Professional Affiliations

Granite Mountain Psychological Association, 2022 to present
Arizona Psychological Association, 2022 to present
Deschutes Psychological Association 1984 to present
American Psychological Association, 1987 to 1990 (voluntary withdrawal)
Member, Exner Workshops, Inc. 1985

Licenses:

Arkansas (#87-12P) January 1987 to June 1993
Washington (#PSY1695) July 1993 to present
Arizona (#PSY-005450) June 2021 to present

References:

Andrew Doan, M.D., Ph.D.
4301 Essex Terrace Circle
Pace, FL 32571
Phone: (319) 321-5786

Marat Zanov, Ph.D. ABPP
Chief, Child, and Family Behavioral Health Services f(CAFBHS)
Madigan Army Medical Center
9040 Jackson Avenue Tacoma, WA 98431
Phone: (562) 243-3248

Fr. John E. Anderson, M.A., M.Div., D.Min.
5507 Ventnor Lane
Springfield, VA 22151
Phone: (360) 451-1843