QUIT DRINKING MOTIVATION

Countless people including Jordan Peterson, Ben Affleck, Dr. Andrew Huberman, Rich Roll, Daniel Radcliffe, Brian Rose and Jack Canfield explain why you need to stop drinking alcohol.

This excellent video will make you re-think the amount of alcohol you consume or even possibility the wisdom of drinking at all.

Please click the link below to watch this excellent 20-minute video:

https://www.youtube.com/watch?v=EbSx_FC C-_E&ab_channel=MotivationHub

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