**Jeffrey E. Hansen, Ph.D.**

**Curriculum Vitae**

Holdfast Recovery & Anchor Point  
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🌐 [www.jeffreyhansenphd.com](https://www.jeffreyhansenphd.com)

**Education:**

Graduate:

University of Arkansas - Ph.D. August 1979 to December 1984

**Major - Clinical Psychology (APA approved)**

University of Arkansas - M.A. August 1979 to May 1981

**Major - Psychology (APA approved)**

Undergraduate:

University of California at Berkeley - B.A. October 1973 to June 1978

**Major - Psychology**

Internship:

October 1983 to September 1984

**Clinical Psychology Internship (APA approved), Silas B. Hayes Army Community Hospital,**

**Fort Ord, California.**

Received extensive training on Outpatient, Inpatient, and Medical Psychology rotations.

Trained in the administration, scoring, and interpretation of the Halstead-Reitan Battery.

Provided assessment and psychotherapy for children, adolescents, and adults. Developed and

presented a Combat Stress Workshop. Treated psychosomatic disorders with biofeedback.

Provided mental status exams for sanity board hearings.

Fellowship:

July 1988 to June 1989

**Pediatric Psychology Fellowship, Madigan Army Medical Center, Tacoma, Washington.**

Provided clinical consultation to the Inpatient Pediatric and Adolescent Wards. Participated

in the Pediatric Dysmorphology, Speech and Language Pathology, and High Risk Pediatric

Clinics. Received intensive training in the field of Pediatric Psychology. Took emergency call

one day every week. Provided intake interviews and child and adolescent assessment and

therapies. Conducted a research project on Attention-deficit Hyperactivity Disorder.

**Honors:**

1989. Fellow's Research Award for outstanding research, Madigan Army Regional Medical

Center, Tacoma, Washington.

1980, 1981. Recognition for outstanding academic achievement, University of Arkansas.

1979 to 1984. United States Army Health Professions Scholarship recipient.

1978. Graduation with Distinction, University of California at Berkeley.

**Professional Experience:**

March 2023 – Present

**Clinical Director, Holdfast Recovery and AnchorPoint – Prescott, AZ**

Direct, train, and supervise clinical staff, develop and implement innovative treatment protocols for

evidence-based therapies for substance and process addictions with emphasis on the impact of

trauma, provide assessment and psychotherapy to patients at Holdfast and AnchorPoint, present to

the community and outside agencies on Holdfast Recovery’s AnchorPoint treatment model and

efficacy of treatment.

December 2015 – October 2024

**Staff Pediatric Psychologist, Madigan Army Medical Center - Tacoma, WA.**

Provide child, adolescent, adult, family assessment and psychotherapy. Consult with pediatrics, family

practice, and specialty clinics at Madigan. Director of clinical training in Child and Family Behavioral

Health Services (CAFBHS) Madigan. Provide training and supervision for military psychology interns

and civilian graduate students. Provide trainings for the Academy of Health Sciences in Fort Sam

Houston, Texas.

June 2019 - present

**Private Practice in Pediatric Psychology - Olympia, WA and Prescott, AZ.** Founder and director of

NeuroFaith™, LLC. Provide child, adolescent, adult, family assessment and psychotherapy. Consult

with pediatricians and family practice physicians. Provide trainings to the local lay and medical

communities on various mental health topics. Develop training protocols for applied clinical

psychology.

January 1994 to December 2015

**Private Practice in Pediatric Psychology - Olympia, WA.** Founder and director of Pediatric Psychology

Associates, LLC. Provided child, adolescent, adult, family assessment and psychotherapy. Consulted

with pediatricians and family practice physicians. Provided trainings to the local lay and medical

communities on various mental health topics.

January 1994 to June 1995

**Staff Pediatric Psychologist, Group Health Cooperative - Olympia, WA.**

Provided child, adolescent, family assessment and psychotherapy. Consulted with pediatric,

family practice, and specialty clinics.

June 1992 to December 1993

**Director, Pediatric Psychology Fellowship, Psychology Service, Madigan Army Medical**

**Center, Tacoma, Washington.**

Trained and supervised fellows Pediatric Psychology. Provided consultation to Developmental

Pediatrics, Family Practice, Pediatric Dysmorphology, Pediatrics, and Pediatric Dentistry Departments.

Assisted in training pediatric and family practice residents and developmental pediatric fellows on

issues related to pediatric psychology. Provided psychological assessment services to Adult Inpatient

Psychiatry Service, Social Work Service, and Community Mental Health Service. Presented seminars

and in-service training for hospital personnel, medical departments, and community interest groups.

Implemented ongoing quality assurance and peer review.

December 1992 to February 1993

**Deployment with 62nd Medical Group as Mental Health Staff Officer, Somalia.**

Consultant to the Commander of the 62nd Medical Group deployed to Somalia during Operation

Restore Hope, provided Command with an assessment of the mental health threat, made staffing

recommendations, provided critical incident debriefs to units exposed to hostile fire or other critical

incidents, provided emergency mental health services as needed, helped develop a mental health

mass casualty plan.

July 1989 to May 1992

**Chief, Pediatric Psychology Service, Exceptional Family Member Department, 97th General**

**Hospital, Frankfurt, Germany**.

Chairman, EFMD Quality Assurance Committee. Supervised three clinical psychologists, one based in

the Frankfurt clinic and two based in satellite clinics. Provided consultation to local DoDDS schools,

Department of Pediatrics, and Child and Adolescent Psychiatry Service. Provided psychological

assessment and psychotherapy for exceptional children, adolescents, and adult outpatients in a multi-

disciplinary treatment facility. Implemented ongoing quality assurance and peer review. Presented

seminars and in-service training for hospital personnel, medical departments, and community interest

groups.

November 1984 to November 1987

**Assistant Chief, Mental Health Section, Exceptional Family Member Department, 2nd**

**General Hospital, Landstuhl, West Germany.**

Provided psychological assessment and psychotherapy for exceptional children, adolescents, and

adult outpatients in a multi-disciplinary treatment facility. Founded and directed a Family Therapy

Clinic. Provided ongoing consultation to five Department of Defense schools. Supervised the clinical

activities of a master's level psychometrician. Planned and presented seminars and in-service

training for hospital personnel and community interest groups.

August 1982 to May 1983

**Graduate Clinician, Youth Bridge, Inc., Fayetteville, Arkansas.**

Provided consultation for a halfway house for female adolescents. Provided individual, family, and

group therapy and conducted diagnostic evaluations for adolescents.

August 1981 to May 1982

**Graduate Clinician, Student Mental Health, University of Arkansas, Fayetteville,**

**Arkansas.**

Provided evaluations and therapy for university students.

August 1980 to May 1981

**Graduate Clinician, Juvenile Court, Fayetteville, Arkansas.**

Provided treatment and diagnostic services to adjudicated and non-adjudicated juvenile offenders

and families.

**Publications and Presentations:**

Bursch, J J., McCaleb, G. S., Van Meter, Q. L., Laidlaw, M. K., Van Mol, A., & Hansen, J. E. (2021).

Brief of Amicus Curiae. *United States Court of Appeals for the Eight Circuit. Dylan Brandt et al.,*

*Plaintiffs-Appellees v. Leslie Rutledge, in her official capacity as the Arkansas Attorney General, et. al.*

*Defendants-Appellants.* Appeal from the United States District Court for the Eastern District of

Arkansas. Honorable James M. Moody*.* Case No.4:21-CV-00450 JM. Date filed: 11/23/2021.

Bursch, J J., McCaleb, G. S., Grossman, M., Laidlaw, M. K., Van Meter, Q. L., & Van Mol, A., & Hansen,

J. E. (2021). Brief of Amicus Curiae. *United States Court of Appeals for The Eleventh Circuit. Drew*

*Adams, Plaintiff-Appellee, v. School Board of St. Johns County, Florida, Defendant-Appellant.* Appeal

from the United States District Court for the Middle District of Florida. Honorable Timothy J. Corrigan.

Case No. 3:17-cv-00739-TJC-JBT USCA11 Case: 18-13592. Date filed: 10/26/2021.

Hansen, J. E., Hayden, T., & Heverly E. (2024). NeuroFaith: the intersection of science and faith in the

healing of trauma and addiction. NeuroFaith™, LLC.

Hansen, J. E. (2024).Digital enslavement amidst the search for meaning. Center for Connected Living,

LLC

Hansen, J. E. (2024). *The storm within us and the pathway to peace.* Center for Connected Living, LLC.

Hansen, J. E., & Doan, A. P. (2023). *Digital drugs and the search for connection.* Center for Connected

Living, LLC.

Hansen, J. E. (2024). *Transgender Confusion Amidst the Search for Identity.* Prescott, AZ: Center for

Connected Living, LLC.

Hansen, J. D. (2025). First Responders Are Bad-Ass but Bad-Ass Comes at a Price. Presented to the first

responder community, Prescott, AZ.

Hansen, J. E. (2025). Faith Meets Science in the Treatment of Trauma and addiction. Presented online

at Lethbridge University to the Canadian Association for Couple and Family Therapy.

Hansen, J. E. (2024). The Neuroscience of Pornography Addiction. Presented in Valle Verde Town Hall

Meeting, Cottonwood, AZ.

Hansen, J. E. (2024). *Addiction and Trama – The Neuroscience*. Presented online to Lethbridge

University, Canada, Chicago, and Singapore

Hansen, J. E. (2023). *Transgender Dilemma in the Young.* Olympia, WA: Center for Connected

Living, LLC.

Hansen, J. E. (2023). Perils of Explicit Sexual Content/Pornography on Our Youth. Presented at

the Project Our Children Townhall Meeting. Prescott, AZ

Hansen, J. E. (2023). *Process Addiction – The Neuroscience*. Presented at the Focus on the

Future International Gaming Addiction Conference sponsored by the Washington State Gaming

Commission. Seattle, WA.

Hansen, J. E. (2023). *The Risks of Early Affirmative Care for Gender Dysphoria.* Testimony presented to

the South Dakota Senate Committee Hearing. Pierre, SD.

Hansen, J. E. (2023). *Pornography Addiction from a Neuroscience Perspective*. Presented to

Family Advocacy Program International Staff at the Academy of Health Sciences, Fort Sam Houston,

TX.

Hansen, J. E. (2023). *HeartMath/Neurocardiology as a Pathway to Autonomic Safety.* Presented

to Family Advocacy Program International Staff at the Academy of Health Sciences, Fort Sam

Houston, TX.

Hansen, J. E. (2021). *Media Addiction and the Struggle for Connection.* Olympia, WA: Center for

Connected Living, LLC.

Hansen, J. E. (2021). *Pornography Addiction and the Demise of Mind, Body, and Soul.* Olympia, WA:

Center for Connected Living, LLC.

Hansen, J. E. (2021). *Our Internal Tempest and the Pathway to Peace.* Olympia WA: Center for

Connected Living, LLC.

Hansen, J. E. (2018). Media Addiction in Children, Military Members, and Young Adults. Presented at

the Academy of Health Sciences, Fort Sam Houston, TX.

Hansen, J. E. (2019). Media Addiction in Children, Military Members, and Young Adults. Presented

at the Academy of Health Sciences, Fort Sam Houston, TX.

Hansen, J. E. (1993). Management of behavioral problems in children. Paper presented at the

Annual Army Medical Department Psychology Conference, Baltimore, MD.

Hansen, J. E. (1993). Behavioral management of sleep problems in children. Paper presented at

the Annual Army Medical Department Psychology Conference, Baltimore, MD.

Hansen, J. E. (1993). Habit reversal treatment for nail biting. Paper presented at the Annual

Army Medical Department Psychology Conference, Baltimore, MD.

Hansen, J. E. (1990). Diagnosis and treatment of autism. Paper presented to the Exceptional

Family Member Department, Landstuhl Army Regional Medical Center, Landstuhl, Germany.

Hansen, J. E. (1991). Desert Storm: Survival in the school. Paper presented to the Department

of Defense Dependents Schools - Germany Counselor's Workshop, Bad Kissingen,

Germany.

Hansen, J. E., Clingan, T. A., & Munsinger, H. L. (1992). Self-report of Attention-deficit Hyperactivity

Disorder. *The Journal of the US Army Medical Department*, PB 8-92-7/8, 18-20.

Hansen, J. E., Doan A. P. (2023. Digital Drugs and the Seach for Connection. Prescott, AZ: Center for

Connected Living, LLC.

Hansen, J. E., & Paine, P. M. (1991). Management of Attention-deficit Hyperactivity Disorder. Paper

presented to Child and Adolescent Psychiatry Service/Department of Defense Dependents Schools

counselor workshop, Frankfurt, Germany.

Hansen, J. E., & Schuldt, W. J. (1982). Physical distance, sex, and intimacy in self-disclosure.

*Psychological Reports*, 51, 3-6.

<https://psycnet.apa.org/record/1983-07879-001>

Hansen, J. E., & Schuldt, W. J. (1984). Marital self-disclosure and marital satisfaction. *Journal of*

*Marriage and the Family*, 46, 923-926.

<https://eric.ed.gov/?id=EJ311177>

Laidlaw, M. K., Van Mol, A., & Van Meter, Q. (2021). Letter to the Editor from Laidlaw et al:

“Erythrocytosis in a large Cohort of Transgender Men Using Testosterone: A Long-Term Follow-

Up Study on Prevalence, Determinants, and Exposure Years.” *The Journal of Clinical Endocrinology &*

*Metabolism*. Vol XX, No. XX, 1-2.

<https://doi.org/10.1210/clinem/dgab514>

Lehman, R., Hansen, J. E., Munsinger, H. L. (1992). Crisis management of children during

Desert Storm. *The Journal of the US Army Medical Department*, PB- 8-92-3/4, 39-41.

Munsinger, H. L., & Hansen, J. E. (1991). Legal and ethical issues of special education

entitlements. *The Journal of the US Army Medical Department*, PB 8-91-10, 16-20.

**Military Service:**

Active Duty, Major, 68S9D, Medical Service Corps, Jul 83 to Feb 94

**Professional Affiliations**

Christian Medical and Dental Associations (2023 – present)

Granite Mountain Psychological Association, 2022 to 2024

Arizona Psychological Association, 2022 to 2024

Deschutes Psychological Association 1984 to 2023

American Psychological Association, 1987 to 1990

Member, Exner Workshops, Inc. 1985

**Licenses:**

Arkansas (#87-12P) January 1987 to June 1993

Washington (#PSY1695) July 1993 to present

Arizona (#PSY-005450) June 2021 to present

**References:**

Andrew Doan, M.D., Ph.D.

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Marat Zanov, Ph.D. ABPP

Chief, Child, and Family Behavioral Health Services f(CAFBHS)

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